



North Coast  
**Allied Health Association**

# North Coast Allied Health Forum

***'Let's Get Connected'***

**5 March 2016**

**Opal Cove Resort  
Coffs Harbour**

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<b>9.00 – 9.30</b>	<b>Registration</b>
<b>9.30 – 9.35</b> <i>Sponsored by NCPHN</i>	<b>Introduction</b>
<b>9.35 – 9.40</b>	<b>Welcome to Country – Gumbayngirr Elder</b>
<b>9.40 – 10.00</b> <i>Sponsored by MNC LHD</i>	<b>Dr Teresa Anderson, CEO Sydney Local Health District</b> <i>‘Models of care to optimise independence for patients and keep care close to home’</i>
<b>10.00 – 10.20</b>	<b>Professor Katherine Refshauge, University of Sydney</b> <i>‘Demonstrating the effectiveness of allied health’</i>
<b>10.20 – 10.40</b>	<b>Ms Suzanne Punshon, NDIS Hunter Trial Site</b> <i>‘NDIS lessons for the North Coast - moving forward into NDIA’</i>
<b>10.40 – 11.00</b> <i>Led by Prof Susan Nancarrow</i>	<b>Launch - North Coast Allied Health Association</b> <i>‘Meet the NCAHA Board’</i> <i>How NCAHA can connect clinicians to improve patient care and practitioner support in our region</i>
<b>11.00 – 11.30</b>	<b>Morning Tea</b>
<b>11.30 – 1.00</b> <i>Facilitated by Dr Tony Lembke</i>	<b>Case Studies on Integration</b> <i>Relevant presentations showcasing local ideas and examples of integration by rotation at each table</i> <ul style="list-style-type: none"> <li>• <i>Innovative opportunities with community pharmacy</i></li> <li>• <i>Northern Local Health District Co-location</i></li> <li>• <i>HealthPathways</i></li> <li>• <i>Musculoskeletal model of care</i></li> <li>• <i>Public/private partnerships</i></li> <li>• <i>Working with allied health assistants</i></li> <li>• <i>Engaging with your regional universities</i></li> </ul>

<b>1.00 – 2.00</b>	<b>Lunch</b>
<b>2.00 – 2.15</b> <i>Led by Ben Happ</i>	<b>Delegate Activity – Forever Young</b> <i>Exercise Physiologist Feros Care will demonstrate how he is keeping people young, strong and balanced</i>
<b>2.15 – 3.45</b> <i>Facilitated by Prof Susan Nancarrow</i>	<b>Integrating Services for Better Care</b> <i>A patient's personal experience</i> <i>How can we improve patient-centred care regionally?</i> <i>What's working, what's not?</i> <b>Q&amp;A Panel:</b> <ul style="list-style-type: none"> <li>• <i>Patient</i></li> <li>• <i>General Practitioner</i></li> <li>• <i>NDIS</i></li> <li>• <i>Local Health District</i></li> <li>• <i>Aboriginal health</i></li> <li>• <i>University Centre for Rural Health</i></li> <li>• <i>Primary Health Network</i></li> <li>• <i>Higher Education</i></li> </ul>
<b>3.45 – 4.00</b>	<b>Reflection and Wrap</b> <i>How can you and NCAHA achieve integration?</i>
<b>4.00 – 4.30</b>	<b>Afternoon Tea</b>
<b>4.30 – 5.00</b>	<b>Annual General Meeting</b> <i>All welcome</i>
<b>5.00 – 6.00</b>	<b>Free Time</b> <i>Enjoy a stroll on the beach or a drink at the bar</i>
<b>6.00</b>	<b>Dinner</b> <i>Relax with old friends and meet new ones</i> <i>Enjoy your meal with music and entertainment</i>

*Please note that the program may be subject to changes*