

# Interested in Lifestyle Medicine/Health Promotion?

Get qualified – and more learned

## Postgraduate courses (Certificate, Diploma, Masters) in Advanced Health Practice (or single interest units) for health professionals.

If you're a health professional who'd rather be building fences at the top of the cliff than picking up bodies at the bottom, a postgraduate qualification in the world's first online 'Lifestyle Medicine' program by world-leading experts may be what you're looking for.

External study is available initially at the postgraduate Certificate level, with the opportunity of advancing to Graduate Diploma or Masters. Key advantages are:

- External study: online from anywhere in the world
- Text and learning resources supplied
- Practical program developed by leading applied health specialists
- Counted towards Continuing Professional Development for re-accreditation
- Practical assessment – no formal exams.

**FOR MORE COURSE DETAILS AND APPLICATIONS GO TO:**

**[scu.edu.au/coursesin2014](http://scu.edu.au/coursesin2014)**

**and go to part B (specialisations – Lifestyle Medicine)**

**or contact Dr Garry Egger T: 61 2 9977 7753 E: [eggergj@ozemail.com.au](mailto:eggergj@ozemail.com.au)**



Dr Karen Hartzenburg; GP,  
Capetown, South Africa  
*"The Lifestyle Medicine course  
was comprehensive and highly  
relevant to clinical practice today.  
I would recommend it to any  
clinician."*



Blayne Whiteman; Emergency  
Nurse, Sydney, NSW  
*"Lifestyle Medicine provided [me  
with] a comprehensive and up-to-  
date perspective of challenging  
global health issues."*



Richard Naylor; Exercise  
Physiologist, Forster, NSW  
*"I recommend this program to all  
primary care clinicians who are  
interested in helping their clients  
to help themselves to improved  
health."*



Sally Padgett; Physiotherapist,  
Wagga Wagga, NSW  
*"This course has helped to  
enhance my care for the whole  
person."*